



Dr. Melinda Silva

Scientific Advisory Board Member

BOARD MEMBER PROFILE

Melinda Silva, MD, currently a Clinical Researcher with Kaiser Permanente, earned her Doctor of Medicine degree from University of California, Davis. Before joining Kaiser Permanente as a Staff Physician, Dr. Silva worked as an Urgent Care Physician throughout Southern California.

Dr. Silva has committed her spare time to Leadership and Community Service activities throughout her career. From 1983-1984, Dr. Silva participated in Project MAC, as a Counselor for Abused and Neglected Children; in 1995, Dr. Silva founded "Doc is In", an outreach program for local high school students, committing 2 years to coordinating and volunteering for the program; and in 1998, acted as President of the Long Beach Chapter of the American Academy of Family Physicians.

Throughout her life, Dr. Silva has received many honors and achievements. In 1986, she was the first American to receive the Silver Glove, the highest possible ranking in French Kickboxing. Dr. Silva was awarded the Mead Johnson Award in 1996 for her superb community service, scholastic achievements, teaching and leadership potential. In 2003, Dr. Silva was the sole Physician selected by patients for the Elizabeth Schilling MD Award for Compassionate Care.

Dr. Silva has recently been named member of Youngevity's® prestigious Scientific Advisory Board. In addition to being a Scientific Advisory Board member, Dr. Silva is the new face of Youngevity's® Mineral Makeup Collection™!

Dr. Silva currently resides in San Diego with her husband and four children (ages 3-13). She enjoys traveling and participating in outdoor activities such as hiking, biking and water sports.



Helping You Live Younger Longer!

